



OPENING DOORS LONDON

LISTINGS OCTOBER 2018



**Problem or question about your laptop, mobile phone or tablet?
Book a one-to-one appointment.**

Wednesday 3rd, 10th, 17th, 24th, 31st October at Tavis House

We're really pleased to be offering one-to-one IT support every Wednesday afternoon. It doesn't matter if you have a problem or a query about your laptop, mobile phone or tablet, Alan is happy to help you find an answer and become more confident with your IT work.

Booking is essential, no one will be seen if they just turn up.

CPS consultation on crimes against older people

ODL is supporting the work of the CPS in gathering information as part of their public consultation on the policy guidance on crimes against older people. If you have any comments you'd like to make, please, let the CPS know by reporting information through this link:

<https://www.cps.gov.uk/consultation/public-consultation-crimes-against-older-people-policy-guidance>

This link will be open until 29th October.

LGBT+ ODL work in Haringey

Anyone who remembers that Haringey once had a number of LGBT+ venues and events will be pleased to hear that ODL is setting up social events, groups and special nights for LGBT+ people in Haringey. Check out the listings to see what's happening or email Callum at info@openingdoorslondon.org.uk to ask about what's happening or if you would like to be involved.

Pride Survey 2018. We want to capture your experiences of Pride in London this year. Please complete the very short survey online. You can complete it here on Survey Monkey: <https://www.surveymonkey.co.uk/r/JC6ZP3X>

Please note that addresses and transport information for all venues are now included at the end of the listings.

Do you have access requirements? If there's an event you'd like to attend, but you're not sure if you'll be able to make it due to your access requirements, please, contact us so we can help make sure you get the most out of being part of Opening Doors London.

Contact us on 020 7239 0400 or info@openingdoorslondon.org.uk

We want to remind members that they can also subscribe to the Alternative Doors mailing list, which gives you access to additional LGBTQ+ events and opportunities of interest happening in London. It currently gets sent out every two months and you can also send your own events and/or requests to alternativedoors@openingdoorslondon.org.uk

FUTURE EVENTS FOR YOUR DIARY:

Register for Sunday Lunch and Film Club
on the 4th November:

<https://sundayfilmnovember.eventbrite.co.uk>

Make new friends and try new activities with members of the older Lesbian, Gay, Bisexual and Trans* community.

ODL membership is free and is aimed at all who identify as LGBT+, and are over 50. We have members from across London, and beyond.

As well as our events, we also offer:

- A befriending service
- Policy, campaigning and training

For information about groups and activities, please, contact us on:

- 020 7239 0400
- info@openingdoorslondon.org.uk
- www.openingdoorslondon.org.uk
- twitter.com/OpeningDoorsLdn
- facebook.com/openingdoorslondon

Opening Doors London is a charity (1167919) and a company limited by guarantee (10123607)

Opening Doors London is supported by:



Twelfth Night at the Young Vic

With thanks to the Young Vic's Two Boroughs project, we're pleased to invite members to see a new production of Shakespeare's Twelfth Night. Viola and her twin brother Sebastian wash up on the shores of Illyria and when she disguises herself as a man, a joyous whirlwind of gender-bending and unrequited love begins.

This celebration of love in all its forms features an awe-inspiring community chorus from Southwark and Lambeth with music and lyrics by the critically acclaimed songwriter Shaina Taub.

Dates to be confirmed. Please register your interest via Eventbrite or by calling the office.

<https://twelfthnightodl.eventbrite.co.uk>

In August members of ODL joined with other LGBTQ older people to take part in the Young Vic's community programme and production of original piece 'A Carnation for a Song'. The project was inspired by the experiences of members in the group, and also links to the recent production of Fun Home.

ODL member Patrick Caffrey wants to share his experience with the wider membership.

As a gay man who has never performed in something like this before, 'A Carnation for a Song' allowed me to share my poems as part of singing in the musical. The show gave me a chance to learn new talents and meet new people. We rehearsed for 5 weeks with a dress rehearsal and three performances. The three shows were all very well received. I would like to thank all the people who came to see the show and particularly the members of Opening Doors who came and gave their support to us members who were in the show. Thanks to Juliet for getting the Young Vic along to the Southwark group meeting and sharing the project with us.



To mark Black History Month this October, we've done a short Q&A with filmmaker Veronica Mackenzie who also leads the Haringey Vanguard BME LGBTQ history project.

What made you decide to create the documentary Under Your Nose? I was at an event and a young BME lesbian stated it was about time that the BME community got together and started to mobilise! She had not heard of any of the BME LGBTQ+ activism that had been carried out in the 80s, and it wasn't her fault as it had not been documented. So I began to track down people who were active in the 80s and to interview them. The project grew from there as I found out about the struggle to open the first Black Lesbian and Gay Centre in London.

How much did you learn about Black LGBT History through the project? I learned that at nearly every important breakthrough in LGBTQ rights, that people from BME LGBTQ+ communities were present; that includes being one of the first Lesbian and Gay workers in Haringey, implementation of Positive Images in Haringey. The fight against section 28 had significant BME LGBTQ presence. I learned that many people worked quietly in the background and were often overlooked.

Why do you think this history has been lost from the mainstream version of LGBT history we have currently? I think many contributions were overlooked or minimised, including from people of colour, lesbians, trans and bisexuals as the dominant narrative for gay rights became seen as the struggles of white gay men.

Where are the activists from the Black Lesbian and Gay centre now? A lot of activists are still working for the community, often in charity or NGO's sector. Some retired and moved out of London.



What is the aim of your new project Haringey Vanguard and how can ODL members get involved? The Haringey Vanguard project will be exploring the exciting history of the borough's LGBTQ+ BAME community between the 1970's and 1990's.

We're looking for people to interview from that time, personal photos and memorabilia, and we will also be offering training in research, how to collect oral histories, workshops for community groups and people interested in BME LGBTQ history. ODL members can get involved in the interviews, training and or attend workshops. It's funded by the HLF and we're working in conjunction with the London Metropolitan Archives and Haringey Archive and Museum Service.



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Monday 1st

Bridge and Scrabble Club Tavis House

Every Monday 2pm – 4pm ODL members get together to play Bridge and Scrabble, drink tea, coffee and socialise. Beginners always welcome!

2pm – 4pm

Singing for fun! Room 13, Mary Ward Centre

Come along to a free and friendly singing course at the Mary Ward Centre run in partnership with Opening Doors London. Develop your singing voice and learn songs covering a range of material including traditional folk, songs from yesteryear (30's-60's) and Pop with the main focus being fun! Learning to sing in harmony, listen and blend our voices together.

Complete beginner to confident singer - everyone is welcome. See the first Monday of the month for more information. Adrian at ODL 020 7239 0400 to find out more.

3:30pm – 5pm

Peer-led coffee and tea social The Breakfast Club Battersea Rise

The team from The Breakfast Club are providing free tea and coffee for ODL members at this peer-led monthly social. Just turn up to meet other ODL members. Sometimes The Breakfast Club team will be able to pop in to say hello, too.

4pm – 6pm

Tuesday 2nd

Tuesday Group Havering LGBT over-50s Social

New location!
The Moon & The Stars at 99-103 South Street, London RM1 1NX

A popular group established with support from Havering LGBT Forum. Lead by volunteer Alan Giles, join the group for a relaxed drink and chat at their great new venue The Moon and Stars in Romford town centre. Please contact Alan Giles for more info on 07757 122 749 or info@openingdoorslondon.org.uk

2pm – 4pm

LGBT Creative Writing Group Tavis House

Warm, constructive and supportive writing together. This group welcomes new writers for writing exercises and a chance to read your own work.

First and third Tuesdays every month. With biscuits!

3pm – 5pm

Wednesday 3rd

Men's Pimlico Social

New venue reminder:
Open Age, St Margaret's Activity Centre, 1 Carey Place, London, SW1V 2RT

In the mood for a night of laughter, a good chat while enjoying coffee and cake, a nice glass of wine and nibbles? Come join us at this popular and welcoming group!

6pm – 9pm

Cinema, Chats & Coffee Club Greenwich Picture House

Greenwich Film Club - 2018

1st Tuesday of the month – Afternoon Film Showing:

Where: Greenwich Picture House, 180 Greenwich High Rd, London, SE10 8NN - (near Greenwich DLR or Greenwich mainline) Free Tea & Coffee – Concessional admission (£6.40) & free Silver Screen membership. Film choice and meet-up time will be advertised approximately a week in advance. Meet-up time approximately 1pm.

Please book by calling the office via eventbrite. Please, only reserve one ticket per named person and should you decide to cancel your booking, please, cancel your ticket on Eventbrite.

2.30 – 5 pm

<https://greenwichoctober.eventbrite.co.uk>

Anchor Housing/ ODL Art Group Chigwell Court

Why not try this friendly and informal drop-in? Meeting at 2pm every first and third Wednesday of each month. All materials for a variety of activities and range of abilities are provided free, as are the refreshments.

Advice and guidance are on offer from Philippa, the volunteer/ artist. The venue is pleasant and fully accessible. Call Philippa for more info on 07951540640

2pm – 4pm



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Thursday 4th

50+ LGBT+ Coffee Morning in Wandsworth The Furzedown Project

50+ Coffee Morning in Wandsworth, at the Furzedown project for older people. The Wandsworth LGBT forum hosts this coffee morning with Vito from ODL. Every Thursday 10 – 12. A fee of £2 after your initial visit, which pays for room hire and drinks.

We hope you will become members and join in some of the other activities on offer. We sometimes have interesting speakers, visits from local councillors/MPs/community workers, etc. But if you just want to chat and have coffee, that's fine, too.

Every Thursday 10am – 12pm

Rainbow Surfers' 50+ LGBT+ computer drop-in Computer Suite, Tavis House

Our Age UK Camden LGBT+ friendly drop-in session provides you with an opportunity to receive IT assistance and guidance from knowledgeable volunteers and staff. For more information, please, contact Callum on 020 7239 0400.

Every Thursday 10am – 1pm

Friday 5th

Friday Coffee & Cake Club Café Tavis House Café

Everyone is welcome to come along to our Friday cafe social. It is run by members for members and is always a busy and friendly place to meet new people and chat to existing friends. Hot drinks can be purchased in the café. Please, feel free to bring your own cakes and biscuits.

Every Friday 10am – 12pm

Sunday 7nd

Sunday Lunch & Film Club Henderson Court Resource Centre

Join us for a lovely home-cooked lunch and film. We will select the film on the day instead of in advance.

*Booking for Sunday Lunch & Film Club essential via eventbrite or by calling the office on 020 7239 0400.
<https://sundayfilmoctober.eventbrite.co.uk>*

**Social: 12pm. Lunch: 1pm.
Film starts: 2pm, Cost £5.**

Alexandra Palace Heritage Walk

Join Alexandra Palace and Opening Doors London for a volunteer- led Park Walk. Find out about the descents of famous Victorian Balloonist Professor Baldwin and Edwardian daredevil Dolly Shepherd, the story of Leo the Lion and many more curious facts around the history of Alexandra Park. Walks are about 75 min long.

Meeting point: Palm Court: It's an area inside the Palace, on the West side. It is the name of the room where the reception desk is, so you can't miss it! The entrance to the Palm Court is next to the B&K Phoenix Pub. Straight in front of the steps are some arches and Palm Court is right through the blue doors under those arches.

If you get off at the 'Alexandra Palace Palm Court' bus stop on the W3 line, you will see there are some steps across the road leading to the Palace. Please watch out for Opening Doors London Signs. Please ensure you sign in with Callum.

Tour times: 11am for Opening Doors London Members, we can then purchase some tea/coffee after the walk. Please note that parts of the route might be quite steep, therefore we recommend visitors to wear comfortable shoes. On the day, please go to Palm Court 10 minutes prior to the tour.

11 – 1pm

*Booking essential. Please book via Eventbrite or call the office
<https://bit.ly/2NNgTvq>*



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Monday 8th

Rainbow Memory Café Tavis House

A supportive space for anyone from the LGBT+ communities concerned about memory loss, anyone who cares for someone with memory loss or those with a dementia diagnosis.

There is refreshments and a relaxed atmosphere with occasional guest speakers, time to talk about your concerns and the opportunity for carers to talk together about things that matter to them.

We meet on the 2nd Monday of the month at Tavis House. To book, please call on 020 7239 0446

2pm – 4pm

Bridge and Scrabble Club Tavis House

Every Monday 2pm – 4pm ODL members get together to play Bridge and Scrabble, drink tea, coffee and socialise. Beginners always welcome!

2pm – 4pm

Singing for fun! Room 13, Mary Ward Centre

Complete beginner to confident singer - everyone is welcome. See the 1st for more information.

3:30pm – 5pm

Tuesday 9th

Trip to Kew Gardens

Join ODL members for a free day out at the world famous Kew Gardens. There will be a beautiful autumnal show by the trees on offer and we hope a large group can take advantage of these free tickets. Please book by calling the office or booking through Eventbrite. Meet at the Victoria Gate at 11.00am. The group will go in at 11.15am. Feel free to bring your own lunch, and/or buy you own at the cafe.

11-4pm

<https://kewoctoberouting.eventbrite.co.uk>

Wednesday 10th

London Friend tea & biscuits older LGBT+ drop-in London Friend

In partnership with London Friend, this social group is a place to meet friends for a coffee, chat and optional board games!

12.30pm – 2.30pm

Speakers Night at Henderson Court

A reminder that 'Speakers Night' at Henderson Court is not running at the moment, we hope to return in November as '2nd Tuesday'.

Arcus and Deutsche Bank host a World Coming Out Day Quiz The Budgie

In celebration of National Coming Out Day please join us for a pub quiz in the Budgie on Wednesday 10th October, together with Deutsche Bank and Opening Doors London.

Teams will be mixed, and traditional pub quiz style questions will be included alongside questions relating to LGBT culture. There is a maximum of 15 places so, please, only book if you can come.

6.30pm

<https://worldcomingoutdayquiz.eventbrite.co.uk>

OCTOBER 2018

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Thursday 11th

Rainbow Surfers' 50+ LGBT+ computer drop-in
Computer Suite, Tavis House

See first Thursday for more info.

Every Thursday 10am – 1pm

50+ LGBT+ Coffee Morning in Wandsworth
The Furzedown Project

See first Thursday for more info.

Every Thursday 10am – 12pm

Friday 12th

Friday Coffee & Cake Club Café
Tavis House Café

See first Friday for more info.

Every Friday 10am – 12pm

Out and About at the Barbican
Barbican Centre

Join us for this group at the Barbican Centre for afternoon tea and activities. Meet at the Block Space, a.k.a the old shop, on the ground floor of Barbican Centre (opposite the Terrace). See map.

This month we will head over to the Guildhall Galleries after coffee for a free public tour of the highlights of the Art Collection, the Heritage Gallery and the Roman Amphitheatre. You will also have the opportunity to walk around the gallery on your own, looking at art and artifact from London's dramatic history at your own pace.

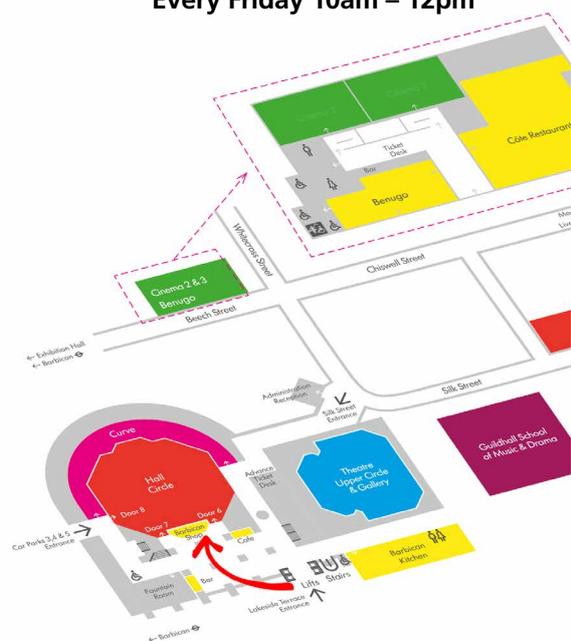
2 – 4pm

Positive East
Positive East, Stepney

We look forward to welcoming you to the warm and friendly Positive East dinner club. We will share a delicious three course meal for the brilliant price of £6.00. Please, let us know if you have any dietary requirements. See you there!

6.30 – 9.30pm

<https://positiveeastoctober.eventbrite.co.uk>





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Sunday 14th

Second Sundays New venue – meeting at Thorpe Close, W10 5XL near Westbourne Park Underground.

As Chelsea Theatre is undergoing refurbishment, Second Sundays has been offered a fantastic new venue under the Westway by Kensington and Chelsea Age UK. It's very close to Portobello Road market. Join us for teas, coffees and an affordable curry lunch at £5 per head. We'll have our usual volunteer team with us to welcome you to this new space. See you there! Booking not required.

1-4pm

<https://octobersecondsundays.eventbrite.co.uk>

British Museum Community Private View of Albukhary Foundation Gallery of the Islamic World.

We have been invited to the community private view of the Albukhary Foundation Gallery of the Islamic World. This is a major re-display of the British Museum's world-class Islamic collection, the new gallery will be a comprehensive presentation of the Islamic world through art and material culture. There are limited tickets so please only book if you can attend. A meeting point will be circulated ahead of the visit.

12 – 2pm

<https://britishmuseumislamicworld.eventbrite.co.uk>

Monday 15th

Women's Breakfast at the Albany The Albany, Deptford

Drive away those Monday blues! For a great start to your week, we look forward to welcoming you to the friendly Albany Theatre café. A place to meet other women for a chat/discussion over a cuppa, or enjoy a breakfast. Drop in anytime between 10am and 12pm on the third Monday of the month. As the venue is near the Thames we have the option for an occasional walk if the weather is decent. We look forward to meeting you.

10am – 12pm

Bridge and Scrabble Club Tavis House

Every Monday 2pm – 4pm ODL members get together to play Bridge and Scrabble, drink tea, coffee and socialise. Beginners always welcome!

2pm – 4pm

Singing for fun! Room 13, Mary Ward Centre

Complete beginner to confident singer - everyone is welcome. See the first Monday of the month for more information.

3:30pm – 5pm

Black History Month screening of Under Your Nose Peckhamplex

Southwark LGBT network and Southwark Heritage are hosting a screening of 'Under Your Nose', a documentary about the ground breaking Black Lesbian and Gay Centre that was based in Peckham. 33 years ago a group of activists came together with one aim – to open a centre for the BME LGBT community in London. Against the backdrop of 1980s politics, Thatcherism, and burgeoning gay rights, 'Under Your Nose' celebrates those trailblazing human rights workers whose political legacy is still apparent today. The screening will be followed by a Q&A with the filmmaker and organisers of the centre. We have limited free tickets so please only book if you can come. Book via Eventbrite or by calling the office.

6.30 – 8.30pm

<https://underyournosesouthwark.eventbrite.co.uk>





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Tuesday 16th

Wednesday 17th

Rainbow Grow gardening

Join Hackney's Rainbow Grow to try some light gardening, socialise with a friendly group of LGBTQI+ people and sample some homemade cake. We have kindly been invited to contribute to this project which happens every Tuesday across two sites in Hackney. This month we will join them at Hackney CVS garden on Dalston lane. Friendly and welcoming group for all, with free tea and cake.

5-7pm

LGBT Creative Writing Group Tavis House

Warm, constructive and supportive writing together. This group welcomes new writers for writing exercises and a chance to read your own work.

First and third Tuesdays every month. With biscuits!

3pm – 5pm

Anchor Housing/ ODL Art Group Chigwell Court

See the first Wednesday for more information.

2pm – 4pm

Thursday 18th

Rainbow Surfers' 50+ LGBT+ computer drop-in Computer Suite, Tavis House

See first Thursday for more info.

Every Thursday 10am – 1pm

50+ LGBT+ Coffee Morning in Wandsworth The Furzedown Project

See first Thursday for more info.

Every Thursday 10am – 12pm

Women's Film Night Tavis House, Room 'Jeffrey'?

We will be showing:
The Duke of Burgundy (2014)

"Evelyn is studying lepidopterology (the scientific study of moths and the three superfamilies of butterflies) under the older Cynthia, who frequently lectures on her studies.

Evelyn is romantically involved with Cynthia and works as a maid in her home, where she is subject to strict behavioural expectations and high standards for cleanliness. When Evelyn does not complete tasks to Cynthia's satisfaction, she is punished."

5:30 – 6:30pm Socialising
6:30pm Film screening & discussion.
8:30pm Event finishes

Opening Doors London Pub Club Ye Old Rose & Crown

Social group drop-in for 50+ LGBT+ people to meet in a lovely LGBT pub in the heart of Greenwich Village.

Please, note that the toilets for men are down one flight of stairs and the toilets for women are up one flight of stairs. For people using wheelchairs there are toilets just across the road at the Ibis Hotel.

7pm to late

Content note: This film explores some dark themes, including self-harm and sex.

More information:
https://en.wikipedia.org/wiki/The_Duke_of_Burgundy

Watch the trailer:
www.youtube.com/watch?v=P-xIMBnclYA



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Friday 19th

Friday Coffee & Cake Club Café Tavis House Café

See first Friday for more info.

Every Friday 10am – 12pm

Saturday 20th

Southwark outings weekend group trip to Set Space

This month we will visit the Reading Rooms of Set Space, a project bringing together collection of texts on the radical histories of Bermondsey and beyond. The curators will lead a tour and share with us some of the stories that make up the space. With support from the Southwark LGBTQ+ Archives and Gay's The Word. Meet inside the building for a 12pm start.

12pm – 2pm

<https://southwarkoctoberweekend.eventbrite.co.uk>

Monday 22nd

Bridge and Scrabble Club Tavis House

Every Monday ODL members get together to play Bridge and Scrabble, drink tea, coffee and socialise. Beginners always welcome!

2pm – 4pm

Singing for fun! Room 13, Mary Ward Centre

Complete beginner to confident singer - everyone is welcome. See the 1st for more information.

3:30pm – 5pm

Bi The Way Group Tavis House

This month Bi The Way member Gaynor, who is a hospital chaplain, will facilitate a gentle group discussion on bereavement, loss and mourning. Please arrive promptly for discussion, or join us at 7pm for tea, biscuits and general chat. All welcome.

6pm-8pm





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Tuesday 23rd

London Friend tea & biscuits older LGBT+ drop-in London Friend

In partnership with London Friend, this social group is a place to meet friends for a coffee, chat and optional board games!

12.30pm – 2.30pm

LGBT Creative Writing Group Tavis House

Warm, constructive and supportive writing together. This group welcomes new writers for writing exercises and a chance to read your own work.

First and third Tuesdays every month. With biscuits!

3pm – 5pm

4th Tuesday Film Night Henderson Court

Film title for this evening has yet to be announced. There is a simple exercise class for anyone who'd like to join in from 6 - 6.30pm and the film starts at 6.30pm.

6pm



Walkabout, Talkabout, and Pig out

The walkabout is the winter replacement for the picnics. After a short stroll around a green space, enjoying our company, we adjourn to a workers' (or similar) café for lunch (perhaps an 'all day breakfast'). There is an optional extra afterwards.

Join Tony, firstly for a ¾ mile walk, around the Vauxhall Pleasure Gardens. First created in 1661, its eight acres of wooded rectangles and avenues became known as a pleasant place to escape the noise, smells and dangers of the city. It was renewed by Lambeth council and re-opened on the 9th October 1976. Secondly, lunch at Café Madeira, serving breakfasts, sandwiches, cakes and Portuguese food. Thirdly (optional) a visit to Vauxhall City Farm, a peaceful escape from city life. It's like a little piece of the countryside in Central London.

Toilets at bus station, the cafe, and the city farm. Meeting Time: (NOTE earlier start time) 12.45pm for 1pm start. Meeting point Vauxhall Bus Station: Stop A

12.45pm

Thursday 25th

50+ LGBT Coffee Morning in Wandsworth The Furzedown Project

See first Thursday for more info.

Every Thursday 10am – 12pm

Rainbow Surfers' 50+ LGBT+ computer drop-in Computer Suite, Tavis House

See first Thursday for more info.

Every Thursday 10am – 1pm

Southwark Thursdays Group Stone's End Day Centre

Join us for our regular Thursday night group at the welcoming Stone's End Day Centre near Borough with guest speakers to be confirmed.

5 – 7 pm



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Friday 26th

Friday Coffee & Cake Club Café Tavis House Café

See first Friday for more info.

Every Friday 10am – 12pm

Informal Art Group Tavis House

Join Alan for an informal art group for all abilities- come and do your own creative thing, or improve and expand your drawing skills with gentle guidance from an experienced volunteer teacher.

Whether you are a traditional sketcher or an outrageous avant-gardist this group will supply encouragement, support, plenty of dialogue.... and maybe an exhibition. Basic materials provided, but feel free to bring your own sketchbooks and non-messy kit. Contact: juliet.chard@openingdoorslondon.org.uk or call 020 7239 0400 for more info.

12:30 for a 1pm start

Wednesday 31st

London Friend tea & biscuits older LGBT+ drop-in London Friend

In partnership with London Friend, this social group is a place to meet friends for a coffee, chat and optional board games!

12.30pm – 2.30pm

Monday 29th

Bridge and Scrabble Club Tavis House

Every Monday, 2pm – 4pm, ODL members get together to play Bridge and Scrabble, drink tea, coffee and socialise. Beginners always welcome!

2pm – 4pm

Singing for fun! Room 13, Mary Ward Centre

Complete beginner to confident singer - everyone is welcome. See the first Monday of the month for more information.

3:30pm – 5pm

Book ahead: Friday 1st November

Frida Kahlo exhibition trip Victoria & Albert Museum

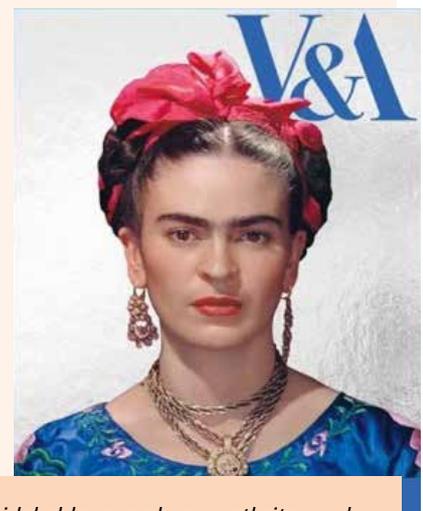
Lunch from 1pm and then you are welcome to wander the free parts of gallery afterwards. We have been kindly invited by State Street to a morning exhibition of the Frida Kahlo exhibition followed by a free lunch. There will be two groups of 10 entering the exhibition at 11.30am and 12pm, before coming back together around 1pm for lunch. Please only book if you can attend and you will need to let us know in advance if you can't make it. Book online or by calling the office. Meet at the V&A main reception at 11am.

11.30am - 2pm (Meet at 11.00am in the main foyer)

Haringey Cinema Club Crouch End Picturehouse

Join ODL and Crouch End Picture House for its second Cinema & Social event in Haringey- come watch Bohemian Rhapsody – a celebration of Queen and Freddie Mercury. Please book via eventbrite or call the office: <https://bit.ly/2NpUmZI> Ticket priced at £7.50.

5.30pm



<https://fridakahlonovember.eventbrite.co.uk>

Alexandra Palace
Alexandra Palace Way, London N22 7AY
Station: Wood Green, Alexandra Palace Station
Bus: W3

The Albany
Douglas Way, Deptford, SE8 4AG
Trains/Overground: New Cross and Deptford
DLR: Deptford Bridge
Bus: 41, 171, 172, 225

Barbican Centre
Silk St, EC2Y 8DS
Underground: Barbican. Bus: 153, 214

Battersea Rise Breakfast Club
5-9 Battersea Rise, SW11 1HG
Underground/Overground: Clapham Junction
Bus: 35, 37, 87

The Budgie, Clifford Chance, 5th Floor
10 Upper Bank Street, E14 5JJ
Underground/DLR: Canary Wharf, Heron Quays
Bus: D8, 135

British Museum
Great Russell St, WC1B 3DG
Underground: Tottenham Court Road, Holborn
Bus: 1, 8, 19, 25, 38, 55, 98, 242

Chigwell Court
99 Ballance Road, E9 5SQ
Overground: Homerton Station
Bus: 26, 30, 388, 488

Community Garden Hackney CVS
24-30 Dalston Lane, E8 3AZ
Overground: Dalston Junction, Dalston Kingsland
Bus: 21, 38, 56, 76, 141, 242

Crouch End Picture House
165 Tottenham Ln, Crouch End, N8 9BY
Train: Hornsey, Harringay
Bus: W3, 41, 91

The Furzedown Project
93 Moyser Road, SW16 6SJ
Train: 20 mins walk from Streatham Common
Bus: 57, 249, 319, 333

Greenwich Picture House
180 Greenwich High Rd, SE10 8NN
Station: Cutty Sark, Greenwich, Greenwich Pier
Bus: 177, 180, 199

Henderson Court Resource Centre
102 Fitzjohn's Avenue, London NW3 6NS
(Entrance on Prince Arthur Road)
Underground: Hampstead. Bus: 46

Kensington & Chelsea Age UK
1 Thorpe Close, London, W10 5XL
Underground: Ladbroke Grove
Bus: 18, 228, 295

Kew Gardens, Victoria Gate
Richmond, TW9 3AB
Underground: Kew Gardens. Bus: 65

London Friend
86 Caledonian Road, N1 9DN
Underground: King's Cross. Bus: 17, 63, 91

Mary Ward Centre Room 13, 1st Floor
42 Queen Square, WC1N 3AQ
Underground: Russel Square
Bus: 59, 68, 168, 188

The Moon & The Stars
99-103 South Street, RM1 1NX
Train: Romford

Open Age, St Margaret's Activity Centre
1 Carey Place, SW1V 2RT
Bus/train: Pimlico, Victoria
Bus: C10, 36, 87, 185, 507

Peckhamplex
95A Rye Lane, SE15 4ST
Overground: Peckham Rye
Bus: P12, 63, 78, 136, 171, 363, 436, 484

Positive East
159 Mile End Road, E1 4AQ
Underground: Stepney Green. Bus: 25, 205

Set Space
76 -89 Alscot Road, SE13 AW
Underground: Bermondsey. Bus: 1, C10

Stone's End Day Centre
11 Scovell Road, SE1 1QQ
Underground: Borough. Bus: 68, 168, 172, 344

Tavis House (Age UK)
Tavistock Sq. 1-6, WC1H 9NA
Underground: Euston Sq., Euston, Kings Cross
Bus: 168, 59, 68

Victoria & Albert Museum
Underground: South Kensington
Bus: 14, 74, 414

Ye Old Rose & Crown
1 Crooms Hill, SE10 8ER
Underground/Train: Cutty Sark, Greenwich
Bus: 180, 199

Young Vic
66 The Cut, Waterloo, SE1 8LZ
Underground: Waterloo, Southwark

This is a list of support and health services available for LGBT-people in London. Though we do not have direct connections with all of these organisations, we encourage our members to contact them for support with a range of issues.

56 Dean Street

56 Dean Street is a friendly, convenient and free NHS sexual health service run from 2 locations in Soho. (56 Dean Street and Dean Street Express). The service based in London's West End also offers full outpatient HIV clinic services.

<http://dean.st/>
020 3315 6699

The Albany Trust

The Albany Trust provides high quality therapy and counselling services, committed to improving the emotional and sexual wellbeing of our clients and of the community.

<http://www.albanytrust.org>
0208 767 1827

Albert Kennedy Trust

Working to ensure that all lesbian, gay, bisexual and trans young people are able to live in accepting, supportive and caring homes, by providing a range of services to meet the individual needs of those who would otherwise be homeless or living in a hostile environment.

<https://www.akt.org.uk/>
020 7831 6562

Antidote

Antidote is the UK's only LGB&T run and targeted drug and alcohol support service.

<http://londonfriend.org.uk/get-support/drugsandalcohol/#.WtYCHC-ZPKl>
020 7833 1674 (10am-6pm, Mon - Fri).
Ask for one of the Antidote Team.

CliniQ

A team of friendly and open health & wellbeing professionals and trans* community members, dedicated to enhancing the lives of trans* people, their partners and friends.

<https://cliniq.org.uk/about/>
020 3315 6699

Elop

Elop is a holistic lesbian and gay centre that offers a range of social, emotional and support services to LGBT communities, and our core services include counselling and young people's services.

<http://www.elop.org/>
info@elop.org / 020 8509 3898

Galop

Galop is the LGBT+ anti-violence charity. Contact them if you have experienced hate crime, sexual violence or domestic abuse. They also support LGBT and queer people who have had problems with the police or have questions about the criminal justice system.

<http://www.galop.org.uk/>
London LGBT+ Advice Line: 020 7704 204
National LGBT+ Domestic Abuse Helpline: 0808 2000 247
help@galop.org.uk

Islington Mind: Outcome

Outcome is a client-led LGBTQ+ service that has been run by a lesbian, gay, bisexual and trans team for 15 years and is one of the few LGBT mental health services in London. They meet every Tuesday between 10:30am and 4:00pm at Mind Spa at 35 Ashley Road, London N19 3AG.

www.islingtonmind.org.uk/outcome.aspx
sigal.avni@islingtonmind.org.uk
020 7272 5038

LGBT Consortium

A national specialist infrastructure and Membership organisation focusing on the development and support of LGBT groups, organisations and projects so they can deliver direct services and campaign for individual rights.

<http://www.lgbtconsortium.org.uk/>
admin@lgbtconsortium.org.uk
020 7064 6500

The Lesbian, Gay, Bisexual and Transgender Domestic Abuse Forum

A network of practitioners, activists, researchers, service providers, commissioners, funders and representatives from public sector departments working in or around the issue of LGBT* domestic abuse. <http://lgbtdaf.org/>
info@lgbtdaf.org 0207 359 6242

The Lesbian Therapist Directory

www.thelesbiantherapistdirectory.co.uk/

London Friend

London Friend is the UK's oldest Lesbian, Gay, Bisexual and Trans charity. Here to support the health and mental wellbeing of the LGB&T community in and around London.

<http://londonfriend.org.uk/>
office@londonfriend.org.uk
+44 (0)20 7833 1674

Maytree

Maytree is a registered charity supporting people in suicidal crisis in a non-medical setting. If you, or someone you know, could benefit from a one-off stay in a safe and confidential space.

<http://www.maytree.org.uk/>
maytree@maytree.org.uk / 020 7263 7070

Metro Center

Providing health, community and youth services across London and the South East for anyone experiencing issues around sexuality, gender, equality, diversity or identity.

<https://www.metrocentreonline.org/>
hello@metrocharity.org.uk
020 8305 5000

Naz Project

NAZ provides sexual health promotion and HIV support services to Black, Asian and Minority Ethnic (BAME) communities in London. We specialise in providing culturally appropriate services and a supportive environment enabling people to access healthcare. <http://naz.org.uk/>
naz@naz.org.uk / 020 8741 1879

Positive East

Positive East has been on the forefront of HIV service and care for over 26 years; supporting people from point of HIV diagnosis to longer term care. Providing a holistic range of health and wellbeing programmes from counselling to workshops to HIV testing and prevention.

<http://www.positiveeast.org.uk/>
talktome@positiveeast.org.uk
+44 020 7791 2855

Victim Support

"An independent charity, we work towards a world where people affected by crime or traumatic events get the support they need and the respect they deserve. Helping people feel safer and find the strength to move beyond crime. Support is free, confidential and tailored to your needs."

<https://www.victimsupport.org.uk/>
Supportline: 08 08 16 89 111

Spectra

Provides supportive, knowledgeable, non-judgemental and peer-based engagements to marginalised communities. <https://spectra-london.org.uk>
info@spectra-london.org.uk
0800 587 8302 / 020 3322 6920

Stonewall Housing

Stonewall Housing is the specialist lesbian, gay, bisexual and transgender (LGBT) housing advice and support provider in England.

<http://www.stonewallhousing.org/>
info@stonewallhousing.org
Advice Line: 020 7359 5767

Switchboard – the LGBT+ helpline

"We are here to help you with whatever you want to talk about. Nothing is off limits, and we understand how anxious you might feel before you pick up the phone." <https://switchboard.lgbt/>
chris@switchboard.lgbt
0300 330 0630 (10am-10pm every day)

TAGS

TAGS are a provider of body positive spaces for transgender and non-binary identified people.

<http://www.tagswim.co.uk/>
robertatrans21@gmail.com
megan.zoe.faulkner@gmail.com

TransPALS

TransPALS is a south London based social support group, providing a safe space for transgender people of all genders and backgrounds. <http://transpals.org.uk>
info@transpals.org.uk



LGBT+ befriending service

- Are you feeling lonely or isolated?
- Can't get out so easily anymore?
- Are you finding yourself spending more and more time alone?

Living in London can become a lonely experience as you get older, especially as you can't get out and about as you used to. Having somebody to spend time with and talk to can make all the difference. The Opening Doors London Befriending Service might be able to help you.

The Befriending Scheme aims to reduce the stress of loneliness and isolation, increase people's confidence and enable older people to maintain their independence. The service matches a volunteer Befriender with an older person for regular social contact.

So if you feel you could benefit from the regular visits of a volunteer befriender, or if you have any friends, neighbours or relatives who could benefit, or if you would like to become a Volunteer Befriender please contact the Befriending Service on 020 7239 0400 or befriending@openingdoorslondon.org.uk





Hate Crime Awareness Week, 13 – 20 October

As part of Hate Crime Awareness Week we are sharing some information from Galop who support LGBT victims of hate crime and domestic violence.

What is Hate Crime?

Hate crimes are any crimes that are targeted at a person because of hostility or prejudice towards that person's:

- disability
- race or ethnicity
- religion or belief
- sexual orientation
- transgender identity

This can be committed against a person or property. A victim does not have to be a member of the group at which the hostility is targeted. In fact, anyone could be a victim of a hate crime.

What to do if you are affected by an incident of Hate Crime

1. Make Sure You Are Safe

If you (or someone else) have been attacked or think that you are in immediate danger the first priority is to make sure you are safe.

If the incident has just occurred or you feel in immediate danger, you should call 999 and ask for the police.

If you have witnessed an attack on someone else try to help without risking your own safety. Shout, attract the attention of others and call the police.

2. Record Details and Keep Evidence of the Incident

Write down all the details of the incident as soon as you can including descriptions of the perpetrator(s), clothes they wore, any distinguishing marks, any nearby vehicles or witnesses, and anything they said such as homophobic/transphobic abuse or threats they made.

Take photographs of any damage to property or your belongings, such as graffiti, or damage to your car.

If there are any witnesses, ask them for their contact details and ask them to write down what they saw, sign and date it, as soon as possible.

Keep any evidence safe, such as clothing, photographs and letters/notes. If the perpetrator may have left fingerprints somewhere, do not touch the area, let the police know.

3. Tell Someone About The Incident

Call the police or Galop as soon after the incident as possible to make either a crime report, a non-police report or an anonymous report.

If you are unsure about contacting the police, you can contact Galop for advice. Galop can make report to the police on your behalf without you having to contact them directly. Alternatively Galop can put you in contact with an LGBT police liaison officer who is specially trained to work with the LGBT community.

Contact Galop on 020 7704 2040 or report online
<http://www.galop.org.uk/report/>